



M3CUBE BEST PRACTICES

SHARING KNOWLEDGE & TECHNOLOGY ACROSS GENERATIONS

OUR CONVINCTION

- ▶ There is a need to breach a digital & generational gap
- ▶ Digital technologies as tools to promote inclusion & fight loneliness
- ▶ We promote a blended approach of learning: online and offline
- ▶ A widespread usage of MOOCs (Massive online open courses) – they are accessible to a wide range of public (especially seniors) and allow the student to follow a course at his/her own rythm adapting to his/her needs and availabilities.
- ▶ This doesn't replace human contact and the importance of face-to-face events. Our MOOCs are always (well... almost always) enriched by intergenerational workshops.

A list of best practice

- ▶ MOOC Fun Walking – Hiking on 3 June 2016
- ▶ MOOC DanceSalsa – Salsa workshop on 30 March 2018
- ▶ Intergenerational Digital treasure hunt (Marais, Louvre, Père-Lachaise, Luxembourg)
- ▶ Training for using online platforms and banks of time to share knowledge – Partnership with L'Accorderie
- ▶ Repair Cafés & Raconte moi tes technologies



Thank you for your attention!

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